

Glengarry SC Spring 2024 Schedule

(v2 as of 03 Mar 2024)

Sessions at Okanagan Hockey Training Centre; Monday, April 22 - Monday, June 3

Rising Stars, StarSkate, Podium Pathway

First day of skating; Mon, Apr 22
 No sessions; Thu, May 9 (BC Hockey)
 No sessions; Fri, May 10 (BC Hockey)
 No sessions; Mon, May 20 (Victoria Day)
 Last day of skating; Fri, May 31
 Star6+ Assessments; Mon, Jun 3 (5:15-8:45pm)

PowerSkate

No PowerSkate will be offered during Spring 2024.

CanSkate

First day of CanSkate; Mon, Apr 22
 No CanSkate session; Thu, May 9 (BC Hockey)
 No CanSkate session; Mon, May 20 (Victoria Day)
 No CanSkate session; Wed, May 22 (Ice Summit)
 No CanSkate session; Thu, May 23 (Ice Summit)
 Last day of CanSkate; Thu, May 30

PreCanSkate

No PreCanSkate sessions will be offered during Spring 2024. If your skater is 3 or 4 years old and hasn't previously passed PreCanSkate please look again later for our September 2024 registration.

Minimum Weekly Session & Level Requirements (skaters in Grade 12 may skate one day less than the required minimums)

CanSkate (5+ years old or passed PreCanSkate): Recommended - 2, Required - 1

Rising Stars: Recommended - 3, Required - 2; Must have completed Stage3 of CanSkate, and be invited to join

Star 1-4: Recommended - 3, Required - 2; Competing Star 1-4, or passed the Star 1 Freeskate

Star 4+: Recommended - 4, Required - 3; Competing Star4+ (landed 1A), or passed Star4 Freeskate Elements + Star4 Freeskate Program assessments

Juvenile & PreNovice: Recommended - 5, Required - 4; Must attend the BC/YT Sectional Championship

Novice & Junior & Senior: Recommended - 5, Required - 5; Must attend the BC/YT Sectional Championship

	<u>CanSkate</u>	<u>Rising Stars</u>	<u>Star 1-4</u>	<u>Star 4+ & Pathway</u>
Monday 7:05-7:20pm Flood	5:20-6:00pm CanSkate	5:30-6:15pm Group Circuits	6:00-6:15pm Warmup 6:15-6:55pm Freeskate 6:55-7:05pm Group Clinic	6:25-7:05pm Dryland Warmup 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills & Spins
Tuesday 7:05-7:20pm Flood	5:20-6:00pm CanSkate	5:30-6:15pm Group Circuits	6:00-6:15pm Warmup 6:15-6:55pm Freeskate 6:55-7:05pm Group Clinic	6:25-7:05pm Dryland Warmup 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills & Spins
Wednesday 7:05-7:20pm Flood	5:20-6:00pm CanSkate	5:30-6:15pm Group Circuits	6:00-6:15pm Warmup 6:15-6:55pm Freeskate 6:55-7:05pm Group Clinic	6:25-7:05pm Dryland Warmup 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills & Spins
Thursday 7:05-7:20pm Flood	5:20-6:00pm CanSkate	5:30-6:15pm Group Circuits	6:00-6:15pm Warmup 6:15-6:55pm Freeskate 6:55-7:05pm Group Clinic	6:25-7:05pm Dryland Warmup 7:20-7:25pm Warmup 7:25-8:10pm Freeskate 8:10-8:25pm Group Clinic 8:25-8:45pm Dance & Skills & Spins
Friday	No Session	No Session	No Session	6:30-6:45am Group Warmup 6:45-7:45am Freeskate